

# 2016 LEXINGTON RECREATION AND COMMUNITY PROGRAMS AQUATICS SWIM SCHEDULE

## **IRVING H. MABEE TOWN POOL**

(Facility Capacity – 500)

(In the event of cooler evening temperatures or inclement weather, the Town Pool and Old Reservoir might close earlier than scheduled.)

### Pre-Season - June 4th-June 23rd (dates subject to change pending end of the school year)

Public Swim

11:00 a.m. – 5:45 p.m. and 7:00 – 8:45 p.m. LAP POOL

June 6 – June 23 Mon. – Fri. 2:00 – 8:45 p.m. GARRITY, DIVING, & WADING POOLS

2:00 – 6:15 p.m. and 7:30 – 8:45 p.m. LAP POOL

Adult Lap Swim (two lanes will also be available in the Main/Lap Pool during Public Swim)

June 4 – June 19 Sat. & Sun. 10:00 - 11:00 a.m. and 6:00 - 7:00 p.m. LAP POOL

June 6 – June 23 Mon. – Fri. 6:30 – 7:30 p.m. LAP POOL

### Regular Season - June 24th-August 21st (dates subject to change pending end of the school year)

**Public Swim** 

June 25 – August 21 Sat. & Sun. 10:00 a.m. – 8:45 p.m. GARRITY, DIVING, & WADING POOLS

11:00 a.m. – 5:45 p.m. and 7:00 – 8:45 p.m. LAP POOL

June 24 – August 19 Mon. – Fri. 10:00 a.m. – 12:00 noon LAP & DIVING POOLS ONLY

10:15 a.m. – 12:00 noon GARRITY POOL

12:00 noon – 4:30 p.m. WADING POOL

12:45 p.m. – 4:30 p.m. LAP, GARRITY, & DIVING POOLS 6:00 p.m. – 8:45 p.m. WADING POOL

7:00 p.m. – 8:45 p.m. GARRITY & DIVING POOLS

7:30 p.m. – 8:45 p.m. LAP POOL

Adult Lap Swim (two lanes will also be available in the Main/Lap Pool during Public Swim)

June 25 – August 21 Sat. & Sun. 10:00 – 11:00 a.m. and 6:00 – 7:00 p.m. LAP POOL June 24 – August 19 Mon. – Fri. 12:00 – 1:00 p.m. and 6:30 – 7:30 p.m. LAP POOL

June 28 - August 18 Tues. - Thurs. 6:30 - 7:30 a.m. LAP POOL

# Post Season - August 22<sup>nd</sup>-September 5<sup>th</sup>

**Public Swim** 

August 22 – August 28\*\* Daily 11:00 a.m. – 7:00 p.m. ALL POOLS

Adult Lap Swim (two lanes will also be available in the Main/Lap Pool during Public Swim)

August 22 – August 28\*\* Daily 12:00 – 1:00 p.m. and 6:00 – 7:00 p.m. LAP POOL

\*\*The schedule for August 29 – September 5 will be posted at the facility in mid-August.

### **OLD RESERVOIR**

(Facility Capacity – 300)

June 4 – August 21 Saturdays and Sundays 10:30 a.m. – 7:00 p.m.

June 6 – June 23 Monday-Friday 12:00 - 5:00 p.m.

June 24 – August 19 Monday-Friday 10:30 a.m. – 7:00 p.m.

# SWIMMING IN THE OLD RES IS ALLOWED ONLY WHEN LIFEGUARDS ARE ON DUTY. PLEASE HELP TO KEEP THE OLD RESERVOIR AN ENJOYABLE PLACE TO SWIM.

Please do not feed the ducks! Ducks and geese congregate in areas where people feed them. Feeding these birds encourages them to artificially build a flock. Problems with fecal waste, feather litter, and water pollution occur which can make the Old Res unsafe for swimming. Please do not feed the ducks and geese; it's in everyone's best interest.

Board of Health regulations prohibit dogs from the beach and water at the Old Reservoir. Please leave your dogs at home. It is in your own best interest to help us enforce this regulation.



### **Lexington Recreation and Community Programs Aquatics Facilities Rules**

#### The following rules apply to the Town Pool and Old Reservoir Aquatics Facilities:

- 1. SWIMMING IS ALLOWED ONLY WHEN A LIFEGUARD IS ON DUTY.
- 2. ALL PERSONS MUST TAKE A CLEANSING SHOWER BEFORE ENTERING THE WATER.
- 3. NO PERSON WITH A COMMUNICABLE DISEASE IS ALLOWED IN THE WATER.
- 4. NO PERSON WITH AN OPEN CUT IS ALLOWED IN THE WATER.
- 5. Children eight (8) years-old and under must be supervised at ALL times by a parent or guardian at all times.
- **6.** Only children six (6) years-old and under, accompanied by a parent or guardian, are allowed in the opposite sex bathroom.
- 7. Non-swimmers must be under constant adult supervision.
- 8. No running, pushing, or horseplay at any time.
- 9. Swim tags and daily guest wristbands must be worn at all times. Please do not leave your swim tags lying around!
- **10.** Band-Aids, elastics, and hairpins should not be worn in the water.
- 11. Not allowed in the Pool or Old Reservoir area: eating, smoking, animals, any flotation device (life vests/life jackets, bubbles, noodles, and floats), masks, snorkels, fins, glass containers, coolers, and gum.
- 12. The manager/head lifeguard on duty has the discretion to administer additional safety rules to protect individuals using the facility.
- 13. No photographic equipment of any kind is allowed in the facility. Customers who would like to photograph or videotape family and friends may request permission from the supervisor in charge. Customers will be asked to fill out a Picture Clearance Form and pictures must be limited to their group only. Cell phone use is not allowed in the men's or women's locker room.
- **14.** No nude bathing is allowed and proper swimming attire (i.e. swimsuit) is required.

### Rules Specific to the Town Pool

- 1. Minimum requirements for all patrons using Garrity Pool:
  - Must be at least five (5) years of age.
  - Non-swimmers who cannot stand with head out of water must be one-on-one with an adult at all times.
  - Non-swimmers able to stand with head out of water must be able to move themselves across the width of pool without touching the bottom.
  - Non-swimmers must always be one-on-one with an adult in the pool.
- 2. Minimum requirements for youth who use the <u>Lap</u> and <u>Diving Pools</u>:
  - Youth must be able to swim two (2) lengths (non-stop) of the Lap Pool using the front crawl stroke with rotary breathing and tread water for one minute.
- 3. Youth swimmers may be tested on the spot by Pool staff if their ability is in doubt.
- 4. Diving is allowed in the Diving Pool only (you may dive from the edge of the Diving Pool, but you must take your turn standing in line at the one-meter board before diving from the edge).
- 5. Children under the age of eight (8) are prohibited from using the high/three-meter diving board, regardless of swimming ability.
- 6. Use of lockers provided at the Pool facility are at your own risk. Locks are not provided.
- 7. The Town of Lexington and the Department of Recreation and Community Programs will not be responsible for loss or damage to personal property.
- 8. Lock your bicycles in the bike racks at the Pool.
- 9. Toddlers are asked to wear suits with snugly fitting elastic bands. If diapers are worn under suits, they should be cloth diapers or swimming disposable diapers covered by vinyl pants with snugly fitting elastic legs and a bathing suit. **PLEASE HELP US AVOID SANITARY ACCIDENTS THAT NECESSITATE CLOSING THE POOL.**

### Rules Specific to the Old Reservoir

- 1. Beach balls are allowed on the Old Reservoir beach and can be used within the first line as long as they are not used as floats.
- 2. No one is allowed to be on the gatehouse at the Old Reservoir. The water is deeper and it is too far away for the lifeguards to properly supervise that area.
- 3. Non-swimmers must always be one-on-one with an adult in the Old Reservoir.
- 4. Toddlers are asked to wear suits with snugly fitting elastic bands. If diapers are worn under suits, they should be cloth diapers or swimming disposable diapers covered by vinyl pants with snugly fitting elastic legs and a bathing suit.

### **EMERGENCY PROCEDURES**

In the event of an injury or missing person, please notify the Pool or Old Reservoir Office immediately. Give the nature of the problem and description of the person including age, sex, personal description, clothing, and where the person was last sighted. If there is an emergency, remain calm. If you are not asked to help, please keep your family and yourself away from the problem area.

STORM CLOSING: UPON OBSERVING LIGHTNING OR HEARING THUNDER, THE STAFF WILL CLOSE THE POOL AND/OR OLD RESERVOIR IMMEDIATELY. THE FACILITY WILL NOT REOPEN FOR ONE HALF-HOUR (30 MINUTES) AFTER THE LAST VISIBLE/AUDIBLE SIGHT OR SOUND OF LIGHTNING AND/OR THUNDER.